

# COMMUNITY-BASED INSTRUCTION

## PERMISSION SLIP

Dear Parent/Guardian,

We are excited to share an exciting learning opportunity for our students called Community-Based Instruction (CBI). CBI is a teaching strategy that uses the community as a classroom. CBI helps students learn real-world skills in environments where they will ultimately be used. This promoted independence and better quality of life as students become adults.

### Program Details

- CBI can be used for students with disabilities of any age as long as the activities that are chosen are age-appropriate and connected to their IEP goals. CBI is used most often for students between the ages of 14-21, but research supports the use of CBI across all grade levels.
- CBI teaches students about **community living, recreation and leisure, and career opportunities.**
- Students 16 and older can explore career interests, try out jobs in their community to see what they like, and gain work experience that will support employment in adult life.



**Community living** focuses on helping students learn how to access what they need in their community. This includes shopping, managing finances, making healthy choices, and getting around in their community.



**Recreation and leisure** focus on exploring interests and building lasting relationships with peers, neighbors, and other community members that last beyond a student's time in school.



**Career exploration and awareness** focuses on learning about work through hands-on and observational opportunities. This includes discovering different careers and practicing the skills they need to success in the workplace.

### Dates and Times

CBI will happen during regular school hours. We will share exact dates and times with you in advance.

### Student Supervision

School staff will supervise students at all times to ensure safety and adherence to student's CBI objectives and goals.

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**RUTGERS HEALTH**  
**The Boggs Center**  
**on Disability and Human Development**  
Robert Wood Johnson Medical School



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**Please fill out and return the form below to let us know if your child will join our class CBI activities.**

- I give permission for my child to participate in Community-Based Instruction (CBI) activities.
- I do not give permission for my child to participate in Community-Based Instruction (CBI) activities.

### **Medical or Accessibility Needs:**

Please share any health conditions, allergies, or special needs for your child to join CBI safely.

### **Emergency Contact Information:**

Name: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### **Signature:**

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Thank you for helping us create meaningful learning experiences for your child. If you have any questions please contact:

Sincerely.