

# No Place Like Home: A Toolkit for Navigating Housing Decisions for Adults with Intellectual/Developmental Disabilities and Their Families in New Jersey

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# Background

Navigating housing decisions with and for adults with Intellectual/ Developmental Disabilities (I/DD) can be challenging. While many resources are available, it can be difficult to access those resources due to the lack of a centralized, easily navigable system. Information about eligibility, funding, available housing, and support services is scattered across multiple platforms and agencies. This toolkit was developed to simplify the process of accessing information and opportunities when searching for and selecting an appropriate living situation for adults with I/DD as they transition from their family home. It empowers individuals and families to make informed, confident housing choices.

## Sources

NJ Department of Human Services  
Division of Developmental Disabilities  
Division of Disability Services  
The Arc Family Institute  
Charting the LifeCourse  
Supportive Housing Association of NJ  
Housing Hub  
The Boggs Center Person Centered F  
Resources  
NJ Council for Developmental Disabili  
NJ Department of Community Affairs  
NJ Housing and Mortgage Finance Ag  
US Department of Housing & Urban  
Development



# Toolkit Overview

The toolkit starts with person-centered planning, helping individuals define their interests, preferences, and goals. Financial planning is essential, as many with I/DD need public or private assistance to be able to secure housing. Understanding housing models and the individual's readiness for independence is crucial, as is accessing support services when necessary. Lastly, the toolkit offers valuable resources for finding housing opportunities, as well as information on aging in supportive housing, using assistive technology and making home modifications to allow for and enhance independent living.

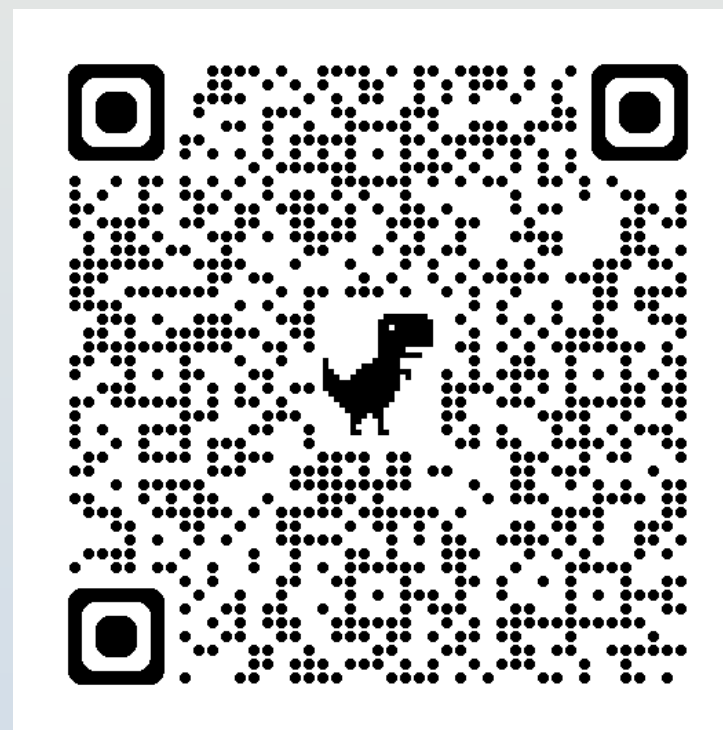
## Next Steps

This toolkit offers guidance to navigate various government systems to access financial assistance and support services related to housing. I plan to reach out to various state agencies, service providers, and advocacy groups to offer this toolkit for distribution to families and individuals who may benefit from it.

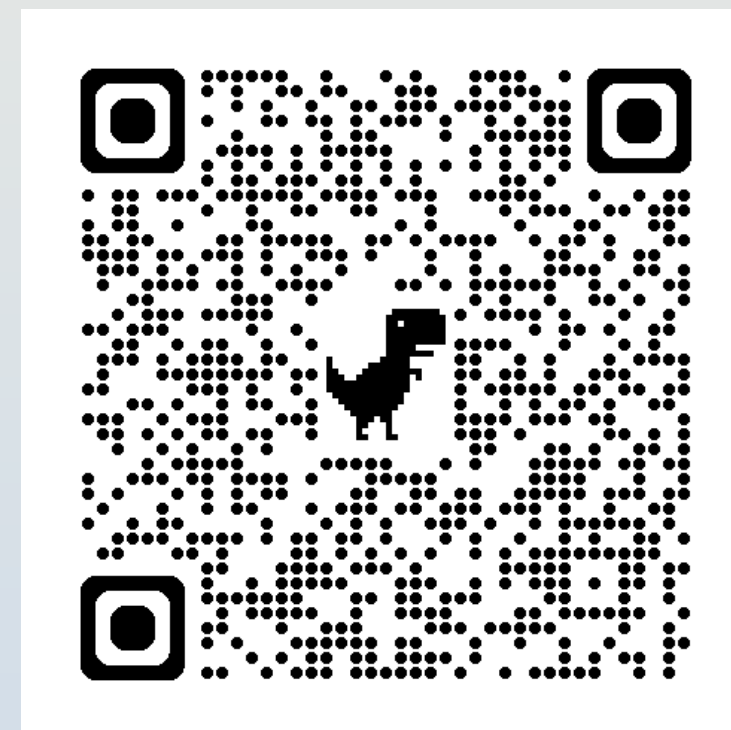
## Acknowledgements

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To access the full Housing Toolkit and a complete list of references scan these QR codes.



# Toolkit



## References